

Original Research Article

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Growth Kinetics of *V. parahaemolyticus* in Post-Harvest Shellstock Clams (*Meretrix meretrix*) Spiked with Pathogenic Strains of *V. parahaemolyticus*

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ABSTRACT

Pathogenic strains of *V. parahaemolyticus* exhibits growth variability at different storage temperatures and it plays an vital role in seafood safety risk assessment. The present study investigated the effects of storage temperatures on growth kinetics of total *V. parahaemolyticus* in artificially spiked post-harvest shell stock clams (*Meretrix meretrix*). Clams are consumed raw or undercooked. Vibrios accumulates in clams and that may exceed levels that cause human illness when post harvest temperatures are not properly controlled. Growth kinetics were produced by injecting clams with three different strains of *V. parahaemolyticus* and measuring viability rates at temperatures (10, 20, 30 and 37 °C) at selected time intervals. At selected time intervals, separated samples of five clams, each were homogenated and analyzed for total *V. parahaemolyticus* count. The results revealed that the growth variability among strains increased as the growth conditions became more stressful in terms of temperature (20°C and 10°C). This study confirms that the storage temperatures as well as strain variability of *V. parahaemolyticus* have impacts on growth kinetics of total *V. parahaemolyticus* and which can be helpful for incorporating strain variability in microbial risk assessment.

Keywords

V. parahaemolyticus, storage temperature, growth kinetics, environmental factor, strain variability

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Introduction

Vibrio parahaemolyticus is a gram negative, halophilic bacterium, naturally associated with marine environment (Zhang and Orth, 2013). Among *Vibrios*, *V. parahaemolyticus*, *V. vulnificus* and *V. cholerae* are the three primary human pathogens responsible for the majority of disease related to seafood-borne bacterial infections (Regunath, 2014). *Vibrios* spp. can be isolated from near-shore marine waters and estuarine environments, and are typically found in the water column during

late spring or early summer and in the sediment during winter. The bacteria are associated with marine organisms including zooplankton and farmed aquatic animals (Kaneko *et al.*, 1977; Thompson *et al.*, 2004). Human disease usually occurs as medium to severe gastroenteritis, septicemia and wound infection. Clinical illness mostly associated with the pathogenic strains of *Vibrios* spp. Clams are filter feeders and may accumulate pathogenic microorganisms from contaminated waters. *Vibrios* spp. existing naturally in clam and oyster growing

environments (Cook *et al.*, 2002) and it can be concentrated in oysters through filtering of contaminated water. The densities of *Vibrio* spp. in both environment and clams are affected by several factors, particularly water temperature. In order to limit the growth of *Vibrio parahaemolyticus* in post-harvest shellstock clams, there is a need to establish time – temperature regulations that restrict maximum exposure time of clams to ambient temperatures. Earlier studies indicated that temperature abuse of clams by improper storage induces higher rates of *Vibrio parahaemolyticus*. Generally, *Vibrios* spp. reported to multiply rapidly with a short generation time in seafood between 18 to 40^oC (.). Other research findings suggest that refrigerated storage should be considered a critical control point (CCP) in hazard analysis and critical control points (HACCP) plans for raw clams. Higher storage temperature may lead to pathogen growth as well as spoilage. Further, growth behavior of total *Vibrios* inside bivalves has not been compared. Effective post-harvest treatments to eliminate pathogenic *Vibrio parahaemolyticus* are an important step to reduce the risk of infection associated with seafood consumption. No information is available on the growth of total *Vibrio parahaemolyticus* in clam, *Meretrix meretrix* stored at different temperatures. Since, the consumption of clams is more in the south west coast of India, this study was carried out with the purpose to prevent the occurrence of severe gastrointestinal and fatal human diseases due to the consumption of undercooked clams.

Materials and Methods

Bacterial cultures

Three pathogenic strains of *V. parahaemolyticus*, each possessing VP5 (*tdh*⁺*trh*⁻), VP22 (*tdh*⁻*trh*⁺) and VP12 (*tdh*⁺*trh*⁺) virulence genes were used in this study. These

strains obtained from Dept. of Fisheries Microbiology, UNESCO-MIRCEN Centre for Biotechnology, Mangalore, India. Each culture was individually enriched in 10 ml of sterile alkaline peptone water (APW) supplemented with 1.5% NaCl at 37^oC overnight. The enriched cultures were pooled into a sterile centrifuge tube and centrifuged at 5^oC (600g rpm). The pelleted cells were collected and resuspended in sterile phosphate buffered solution to prepare 10⁵ CFU/ml for inoculation.

Clam preparation

Live clams were collected from Mangalore coast in India and shipped to laboratory in a cooler with gel packs. The clams were briefly rinsed with seawater to remove mud from the shell and kept in glass tanks for depuration. The live clams were used for this study.

Challenging clams with *V. parahaemolyticus*

The artificially challenged live clams were transferred to plastic tray covered with sterile polythene cover to keep the clams active. The live clams were separated into three lots. Each were injected with different strains of *V. parahaemolyticus* at the level of 10⁵ CFU/ml using the syringe. Clams were inoculated with *V. parahaemolyticus* artificially (10⁵ CFU/ml) at room temperature. Inoculated clams were placed in plastic tray with sterile plastic cover and stored at 10, 20 and 37^oC.

Effects of different storage temperature on growth kinetics of Total *V. parahaemolyticus* (TVC)

The growth kinetics of *V. parahaemolyticus* at different storage temperatures were determined at 8 h time interval for up to 25 h, 72 h and 136 h at 37, 20 and 10^oC respectively. At each time interval, 5 clams were taken out from the pack for analyses.

Changes in growth kinetics for all the three strains of *V. parahaemolyticus* which was spiked artificially in clams were determined using spread plating (FDA, 2005). The optimum storage temperature of *V. parahaemolyticus* is 37°C, hence the clams stored at 37°C was used as reference in this study.

Microbiological analysis

For *V. parahaemolyticus* analysis, about 2 g of shucked meat of 5 clams were placed in mixer grinder and blended at high speed for 1 min. Buffered saline solution can be used as a diluents in *Vibrio* sp. Assays (Mahmoud *et al.*, 2009). The use of PBS recommended in the Australian standard methods (SAA, 1977). The blended samples were diluted in 10 fold serial dilutions with PSS and 100 µl was plated in duplicate on TCBS agar. The TCBS plates were incubated at 37°C for 18 to 24 h. Plated dilutions yielding 30 to 300 CFU/plate were counted manually, and the number of CFU/g of homogenate was calculated. The study was continued until the clams were visibly gapped.

Statistical analysis

Differences between the growth of total *V. parahaemolyticus* at storage temperatures for selected time interval were analyzed with Two way ANOVA followed by Duncan post hoc test using SPSS 21. Significant differences between means of treatments were established at level of P<0.05. Prior to analysis, quantitative variables were log transformed to improve homoscedasticity and linearity.

Results and Discussion

The growth kinetics of *V. parahaemolyticus* VP5 (*tdh*⁺*trh*⁻) was observed to increase from 4.37 to 6.59 log₁₀ CFU/g on 10 h and further

decreased to a level of 3.82 log₁₀ CFU/g on 20 h of storage at 37°C (Table 1). Similarly, the total *V. parahaemolyticus* count of *V. parahaemolyticus* VP22 (*tdh*⁻*trh*⁻) and VP12 (*tdh*⁺*trh*⁺) strain was increased from 4.25 to 4.52 log₁₀ CFU/g on 15 h and from 4.18 to 4.81 log₁₀ CFU/g on 15 h and later with increased storage time, the growth and survival of total *V. parahaemolyticus* was reduced significantly to a level of 3.41 log₁₀ CFU/g and 3.91 log₁₀ CFU/g on 20 h as shown in Fig.I. It was observed that the significantly higher growth rate was observed in VP5 (*tdh*⁺*trh*⁻) strain (P<0.05) when compared to VP22 (*tdh*⁻*trh*⁺) and VP12 (*tdh*⁺*trh*⁺) strains at 37°C (Fig.5). Duncan test indicated that the total *V. parahaemolyticus* was statistically significant for all the three strains of *V. parahaemolyticus* at 37°C. The results were similar to the study of Cook and Ruple (1989) found a significant rise in *Vibrio* levels in post-harvest shellstock oysters stored at 22 and 30°C. Total *V. parahaemolyticus* count for VP5 (*tdh*⁺*trh*⁻) strain increased over time at 20°C (Fig. 2). At 20°C, the *V. parahaemolyticus* count was observed at 32 h of storage at 20°C with about 3.62 to 4.03 log₁₀ CFU/g from the 0 h (Table 2). The same trend was observed in the remaining two strains of *V. parahaemolyticus*. total *V. parahaemolyticus* count of *V. parahaemolyticus* VP22 (*trh*⁺*tdh*⁻) and VP12 (*tdh*⁺*trh*⁺) were increased from 3.69 to 4.50 log₁₀ CFU/g and 3.29 to 4.22 log₁₀ CFU/g on 40 h and 48 h respectively (Figure. II). Piquer *et al.*, (2011) reported that there was an approximate increase of 2.5 and 3 log₁₀ CFU/g in Total *V. parahaemolyticus* for pacific oysters stored at 20°C for 3 days and 6.2°C for 10 days, respectively. Total *V. parahaemolyticus* have also been measured in American oysters, where an increase of approximately 3 log units was observed after storage at 7°C and 21°C for 10 days (Lorca *et al.*, 2001).

Fig.1 Total *V. parahaemolyticus* Count (TVC) of VP5 (tdh^+trh^-), VP22 (trh^+tdh^-) and VP12 (tdh^+trh^+) at 37⁰C

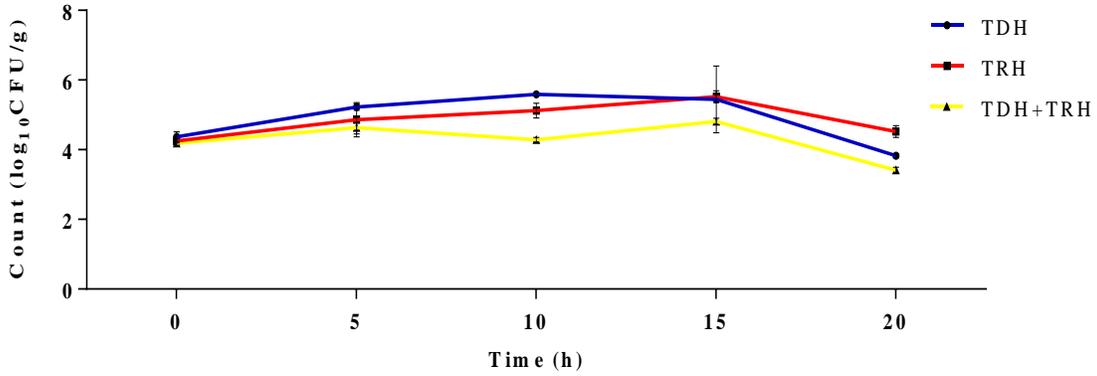


Fig.2 Total *V. parahaemolyticus* Count (TVC) of VP5 (tdh^+trh^-), VP22 (trh^+tdh^-) and VP12 (tdh^+trh^+) at 30⁰C

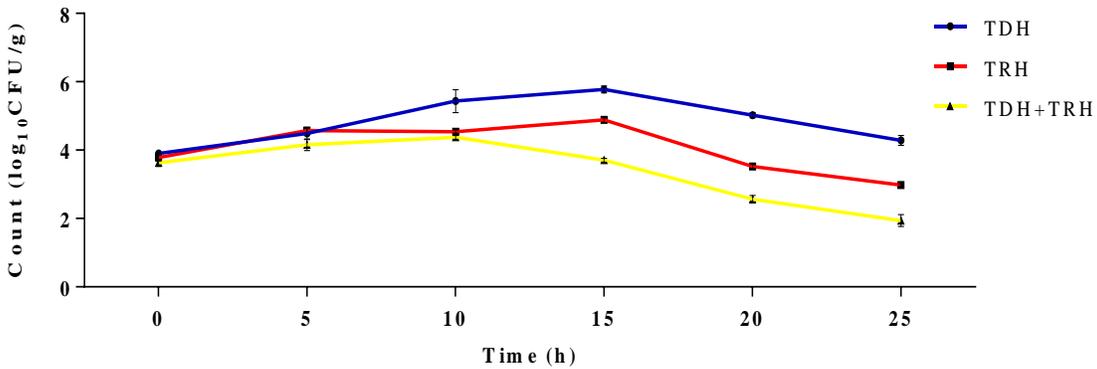


Fig.3 Total *V. parahaemolyticus* Count (TVC) of VP5 (tdh^+trh^-), VP22 (trh^+tdh^-) and VP12 (tdh^+trh^+) at 20⁰C

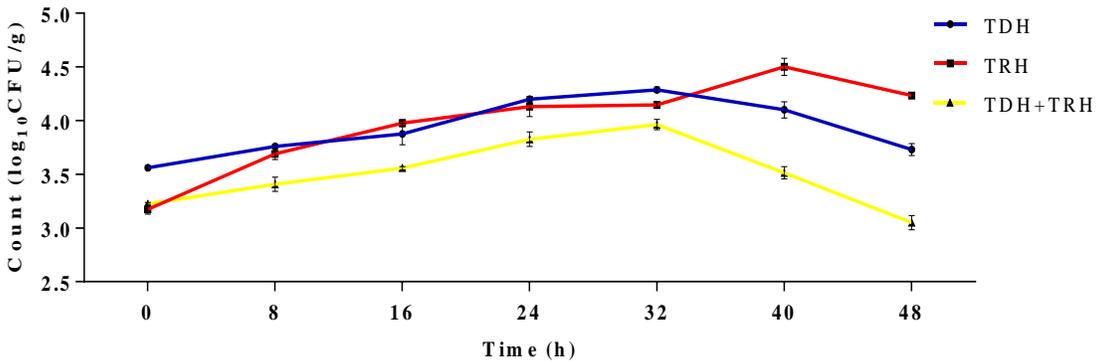


Fig.4 Total *V. parahaemolyticus* Count (TVC) of VP5 (tdh^+trh^-), VP22 (trh^+tdh^-) and VP12 (tdh^+trh^+) at 10°C

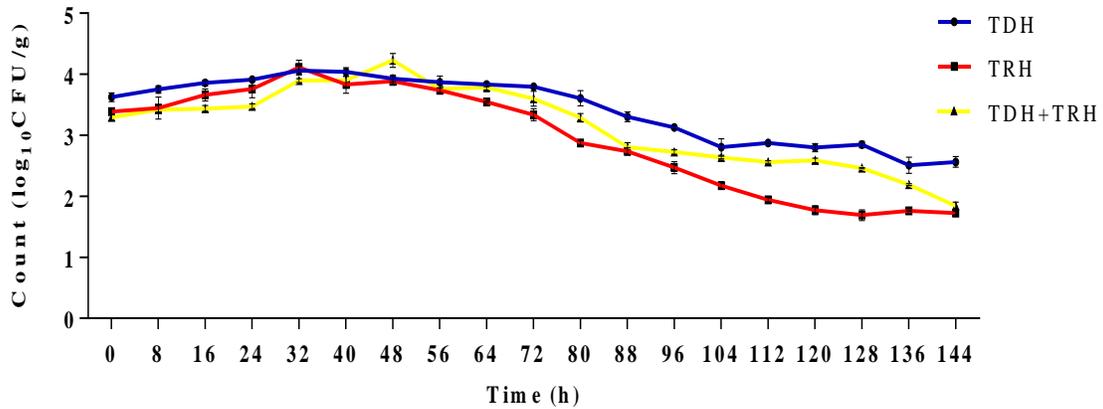


Table.1 Total *V. parahaemolyticus* counts for pathogenic strains grown in clams at 37°C

Time interval	Pathogenic <i>V. parahaemolyticus</i>		
	VP5 (tdh^+trh^-) (log ₁₀ CFU/g)	VP22 (tdh^-trh^+) (log ₁₀ CFU/g)	VP12 (tdh^+trh^+) (log ₁₀ CFU/g)
0	4.37	4.25	4.18
5	5.22	4.86	4.63
10	6.59	5.12	4.28
15	5.44	4.52	4.81
20	3.82	4.52	3.41

Table.2 Total *V. parahaemolyticus* counts for pathogenic strains grown in clams at 30°C

Time interval (h)	Pathogenic <i>V. parahaemolyticus</i>		
	VP5 (tdh^+trh^-) (log ₁₀ CFU/g)	VP22 (tdh^-trh^+) (log ₁₀ CFU/g)	VP12 (tdh^+trh^+) (log ₁₀ CFU/g)
0	3.90	3.7833	3.63
5	4.48	4.5733	4.15
10	5.43	4.5400	4.37
15	5.77	4.8833	3.70
20	5.02	3.5200	2.56
25	4.28	2.9800	1.94

Table.3 Total *V. parahaemolyticus* counts for pathogenic strains grown in clams at 20⁰C

Time interval	Pathogenic <i>V. parahaemolyticus</i>		
	VP5 (<i>tdh</i> ⁺ <i>trh</i> ⁻) (log ₁₀ CFU/g)	VP22 (<i>tdh</i> ⁻ <i>trh</i> ⁺) (log ₁₀ CFU/g)	VP12 (<i>tdh</i> ⁺ <i>trh</i> ⁺) (log ₁₀ CFU/g)
0	3.56	3.17	3.22
8	3.76	3.69	3.40
16	3.87	3.97	3.55
24	4.20	4.13	3.82
32	4.28	4.14	3.96
40	4.10	4.50	3.51
48	3.73	4.23	3.05
56	3.56	3.17	3.22
64	3.76	3.69	3.40
72	3.87	3.97	3.55

Table.4 Total *V. parahaemolyticus* counts for pathogenic strains grown in clams at 10⁰C

Time interval	Pathogenic <i>V. parahaemolyticus</i>		
	VP5 (<i>tdh</i> ⁺ <i>trh</i> ⁻) (log ₁₀ CFU/g)	VP22 (<i>tdh</i> ⁻ <i>trh</i> ⁺) (log ₁₀ CFU/g)	VP12 (<i>tdh</i> ⁺ <i>trh</i> ⁺) (log ₁₀ CFU/g)
0	3.62	3.38	3.29
8	3.75	3.44	3.41
16	3.85	3.66	3.43
24	3.91	3.75	3.47
32	4.06	4.11	3.89
40	4.03	3.83	3.90
48	3.93	3.88	4.22
56	3.87	3.73	3.75
64	3.83	3.54	3.78
72	3.79	3.33	3.60
80	3.60	2.87	3.28
88	3.30	2.73	2.80
96	3.13	2.47	2.72
104	2.80	2.17	2.63
112	2.87	1.91	2.55
120	2.79	1.77	2.58
128	2.84	1.69	2.46
136	2.50	1.76	2.19

There was significant difference (P<0.05) in the growth and survival of total vibrio among the three strains. The effect of time and storage temperature on total *V.*

parahaemolyticus was statistically significant among the three strains of *V. parahaemolyticus* at 8 h, 24 h, 32 h and 48 h at 20⁰C (P<0.05).

At 10⁰C, total *V. parahaemolyticus* count for VP5 (*tdh⁺trh⁻*) strain was initially showed an increasing trend from 3.62 to 4.06 log₁₀ CFU/g in 0 to 32 h. After 32 h of storage, the significant reduction was noted in total *V. parahaemolyticus* to a level of 2.56 log₁₀ CFU/g (Table 3). Total *V. parahaemolyticus* of *V. parahaemolyticus* VP22 (*trh⁺tdh⁻*) and VP12 (*tdh⁺trh⁺*) strains were also in similar manner viz. 3.38 to 4.11 log₁₀ CFU/g in 32 h further decreased to a level of 1.72 log₁₀ CFU/g and 1.84 log₁₀ CFU/g in 144 h, respectively. In contrast, Total *V. parahaemolyticus* remained approximately 3.3 log₁₀ CFU/g or below at 5⁰C and 10⁰C indicating that low temperatures can suppress total vibrio growth (Mudoh *et al.*, 2014). This study also corroborates the findings of Cook and Ruple (1989) as well as Lorca *et al.*, (2001). They had reported similar total vibrio results with post-harvest shell stock oysters stored at 7⁰C, 13⁰C, 21⁰C, 22⁰C and 30⁰C for a 10 day period in oysters. Duncan post hoc test indicated the effect of time and temperature on total *V. parahaemolyticus* was statistically significant among the three strains of *V. parahaemolyticus* at 10⁰ C at 120 h, 128 h, 136 h and 144 h (P<0.05) as shown in Fig.III. Results presented here showed that keeping cold at 10⁰C was an effective method to limit the total *Vibrios* in clams. For reducing the total *V. parahaemolyticus* contamination in foods, the cold temperatures should be maintained from shipping, retail and home refrigeration.

The growth of total *V. parahaemolyticus* count in three different strains of *V. parahaemolyticus*, VP5 (*tdh+trh-*), VP22 (*tdh+trh+*) and VP12 (*tdh+trh+*) was highest of 6.59 log₁₀ CFU/g on 10 h at storage temperature of 37⁰C followed by 30⁰C and 20⁰C in VP5 (*tdh+trh-*) strain. Among these three strains, VP5 (*tdh+trh-*) strain had shown significantly highest growth rate than other two strains at all storage temperatures. Similar trend was noted by Piquer *et al.*, (2011) in

oysters. He reported that the there was an approximate increase of 2.5 and 3 log₁₀ CFU/g in Total *V. parahaemolyticus* for pacific oysters stored at 20⁰C for 3 days and 2⁰C for 10 days, respectively. Total *V. parahaemolyticus* have also been measured in American oysters, where an increase of approximately 3 log units was observed after storage at 7⁰C and 21⁰C for 10 days (Lorca *et al.*, 2001) and an increase of approximately 1 log₁₀ was observed after storage at 22⁰C for days (Cook and Ruple, 1989). Differences among studies could be due to different oyster species and medium compositions (eg. NaCl concentration) as well as storage temperatures. When the total *V. parahaemolyticus* count was compared to the growth of *V. parahaemolyticus*, it shows higher growth rates than total *V. parahaemolyticus* count at temperatures above 20⁰C, 30⁰C and 37⁰C.

V. parahaemolyticus level increased over time with storage temperatures. Lorca *et al.*, (2001) confirmed the similar results for *V. vulnificus* in shellstock oysters stored at 7⁰C, 13⁰C and 21⁰C for a 10 day period. Further, Cook and Ruple (1989) also reported a similar rise in *Vibrios* levels in post-harvest shell stock oysters stored at 22⁰C to 30⁰C. Few years before, Parveen *et al.*, (2012) also observed that the *V. parahaemolyticus* multiplied rapidly when oysters were stored at 15 or above, with no growth at 5⁰C and 10⁰C. Based on the results, this study suggests that storage of shellstock clams at or below 10⁰C is effective for preventing total *Vibrio* growth in shellstock clams.

Total *V. parahaemolyticus* count of VP5 (*tdh+trh-*) strain was shown increased slightly and further decreased from 3.62 to 4.06 log₁₀ CFU/g in 0 to 32 h at 100C. After 32 h of storage, the significant reduction was noted in Total *V. parahaemolyticus* to a level of 2.56 log₁₀ CFU/g. Total *V. parahaemolyticus* of VP5 (*trh+tdh-*) and VP12 (*tdh+trh+*) strains

were also exhibited similar manner viz. 3.38 to 4.11 log₁₀ CFU/g in 32 h further decreased to a level of 1.72 log₁₀ CFU/g and 1.84 log₁₀ CFU/g in 144 h, respectively. In contrast, total *V. parahaemolyticus* count remained approximately 3.3 log₁₀ CFU/g or below at 50°C and 10°C indicating that low temperatures can suppress total *Vibrio* growth (Mudoh *et al.*, 2014). This study also corroborates the findings of Cook and Ruple (1989) as well as Lorca *et al.*, (2001). They had reported similar total *Vibrio* results with post-harvest shell stock oysters stored at 7°C, 21°C, 22°C and 30°C for a 10 day period in oysters. The growth of *V. parahaemolyticus* could be affected by many factors including temperature and salinity, in which temperature is the key controlling factor in seafood processing, preservation and distribution operations. Therefore, it is important to understand the growth or death responses of the *V. parahaemolyticus* to environmental temperature and it could help to correlate contamination level and storage temperature conditions. The findings of this study will serve as a basis for the strengthening of temperature management strategies and provide valuable safety information to producers and consumers.

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